



Caulfield Hockey Development

ICON Sports Center // August 5 – 8, 2024

SQUIRT SCHEDULE

MONDAY, AUGUST 5, 2024	
8:45 AM – 9:15 AM	Player Check-In
9:30 AM – 10:00 AM	Team Building
10:15 AM – 11:15 AM	On-Ice Skill Development
11:30 AM – 12:15 PM	Dryland
12:15 PM – 12:45 PM	Shooting & Stickhandling
12:45 PM – 1:15 PM	Lunch
1:15 PM – 1:45 PM	Classroom & Video Session
2:15 PM – 3:15 PM	On-Ice Competitions
3:15 PM – 3:30 PM	Snack Break
3:30 PM – 4:30 PM	Outdoor Games
4:30 PM	Player Pick-Up

TUESDAY, AUGUST 6, 2024	
8:45 AM – 9:15 AM	Player Check-In
9:30 AM – 10:00 AM	Off-Ice Warm-Up
10:15 AM – 11:15 AM	On-Ice Skill Development
11:30 AM – 12:15 PM	Dryland
12:15 PM – 12:45 PM	Shooting & Stickhandling
12:45 PM – 1:15 PM	Lunch
1:15 PM – 1:45 PM	Scavenger Hunt
2:15 PM – 3:15 PM	On-Ice Competitions
3:15 PM – 3:30 PM	Snack Break
3:30 PM – 4:30 PM	Outdoor Games
4:30 PM	Player Pick-Up

WEDNESDAY, AUGUST 7, 2024	
8:30 AM – 9:00 AM	Player Check-In
9:15 AM – 10:15 AM	On-Ice Skill Development
10:30 AM – 11:15 AM	Dryland Training
11:15 AM – 11:45 AM	Lunch
12:00 PM – 1:00 PM	On-Ice Competitions
1:15 PM	Depart for The Ralph
2:30 PM	Depart the Ralph for Pool
3:45 PM	Depart the Pool for ICON
4:00 PM – 4:30 PM	Outdoor Games
4:30 PM	Player Pickup

THURSDAY, AUGUST 8, 2024	
8:30 AM – 9:00 AM	Player Check-In
9:00 AM – 9:45 AM	Dryland
10:15 AM – 11:15 AM	On-Ice Skill Development
11:30 AM – 12:30 PM	Outdoor Games
12:45 PM – 1:15 PM	Lunch
1:30 PM – 2:00 PM	Outdoor Games
2:15 PM – 3:15 PM	On-Ice Competitions
3:30 PM – 4:00 PM	Cool Down and Stretch
4:00 PM – 4:30 PM	Awards & Autographs
4:30 PM	Player Pick-Up

BRING AN EXTRA STICK YOU CAN USE FOR STREET HOCKEY!

**Schedule is subject to change. Visit www.CaulfieldHockey.com for updates.*